



Your Nutrition Partner

Membership Pricing

SALADS

CHK Nutritional Value : Protein - 28g | Carbs - 5g | Fat - 7.5g

- BBQ Salad
- Avocado Salad
- High Protein
- Immune Booster
- Cous Cous Salad
- Quinoa Salad
- Herb Salad
- Sweet Chilli Salad



Regular Price
~~₹ 329~~

Diet LE LO Price
₹ 199

BARBEQUE CHICKEN

Nutritional Value (100 gm.) : Protein - 22g | Carbs - 8.5g | Fat - 8g

- Herb BBQ
- Garlic BBQ
- Lemon BBQ
- Peri Peri



Regular Price
~~₹ 549~~

Diet LE LO Price
Half ₹ 199 Full ₹ 349

CHICKEN/FISH MEALS

- Grilled Chk/fish with Brown/Basmati Rice
- Grilled Chk/fish with Breast sauted Veggies
- Grilled Chk/fish with Breast Mashed Potato
- Grilled Chk/fish with Breast With Mushrooms



CHICKEN MEAL

Regular Price
~~₹ 349~~

Diet LE LO Price
₹ 199

FISH MEAL

Regular Price
~~₹ 399~~

Diet LE LO Price
₹ 229

SOYA/PANEER MEALS

- Grilled Soya/Paneer with Brown Rice
- Grilled Soya/Paneer with Sauted Veggies
- Grilled Soya/Paneer with Mashed Potato
- Grilled Soya/Paneer with Mushroom
- Grilled Tofu with Sauted Veggies



Regular Price
~~₹ 349~~

Diet LE LO Price
₹ 199

GRILLED SANDWICHs

Nutritional Value : Protein - 37.5g | Carbs - 90g | Fat - 11g

- Chicken Tikka Sandwich
- Paneer Tikka Sandwich
- Veggie Delight Sandwich



Regular Price
~~₹ 329~~

Diet LE LO Price
₹ 179

WRAPS/SUBs

Nutritional Value: Protein - 28g | Carbs - 43g | Fat - 7.5g

- Grilled Chicken Wrap
- Brown Egg Wrap
- Paneer Wrap
- Veg. Wrap
- BBQ Chicken
- Peri Peri Chicken
- Chicken Tikka
- Chicken Avocado
- Aloo Patty
- Paneer Tikka
- Veg. Avocado



Regular Price
~~₹ 329~~

Diet LE LO Price
₹ 179

STEAM CHICKEN WITH SOUP

Nutritional Value (100gm) : Protein - 37.5g | Carbs - 90g | Fat - 10g

- Steam Chk. With Soup
- Chicken Soup
- Veg. Soup



STEAM CHICKEN WITH SOUP

Regular Price
~~₹ 349~~

Diet LE LO Price
₹ 199

SOUP

Regular Price
~~₹ 249~~

Diet LE LO Price
₹ 129

POHA

- Non Veg Poha
- Veg Poha



Regular Price
~~₹ 249~~

Diet LE LO Price
₹ 179

TACO

- Chicken Taco
- Paneer Taco
- Veg. Taco

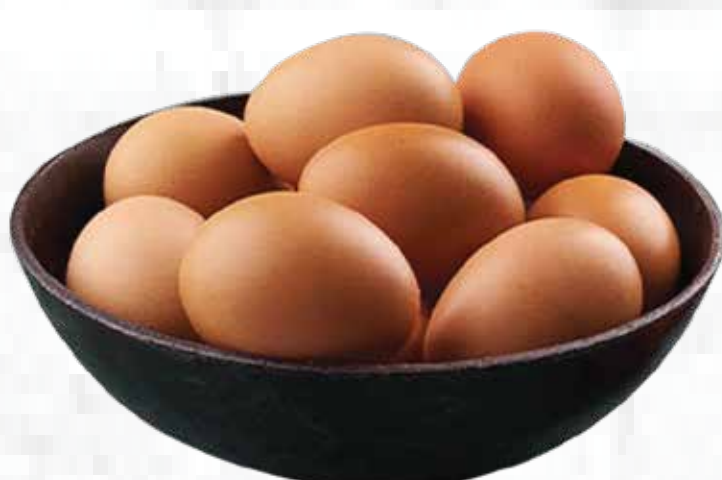


Regular Price
~~₹ 249~~

Diet LE LO Price
₹ 179

Diet LE LO Special

- Chicken Breast (100gm)
- Brown Eggs (6 Nos)



Regular Price
~~₹ 199~~

Diet LE LO Price
₹ 129

SMOOTHIES

- Tripple Berry
- Avocado
- Immune Booster
- Natural Protein
- Whey Protein



FRESH JUICE

- Watermelon Juice
- Pineapple Juice
- Pomegranate Juice
- Mixed Fruit Juice



Regular Price
~~₹ 349~~

Diet LE LO Price
₹ 199

FRESH JUICE

Regular Price
~~₹ 349~~

Diet LE LO Price
₹ 199

Ask for **Diet LE LO** Membership (98789 50121)

Note: These Prices are Applicable for Diet lelo Members only. Delivery charges extra.

ADDRESS: SCO 122-123, MADHYA MARG, SECTOR 8C, CHANDIGARH, 160018